

# New Patient Medical History

Name \_\_\_\_\_ Date \_\_\_\_\_

## How Is Your General Health?

- Excellent  Fair  
 Good  Poor

## Patient's Health History

(please check yes or no)

- Allergies  Yes  No
- Asthma  Yes  No
- Cancer  Yes  No
- Cataracts  Yes  No
- Depression/Anxiety  Yes  No
- Diabetes  Yes  No
- Drink Alcohol  Yes  No
- Drug Sensitivity  Yes  No
- Dry Mouth  Yes  No
- Glaucoma  Yes  No
- Hay Fever  Yes  No
- Headaches  Yes  No
- Head Trauma  Yes  No
- Heart Disease  Yes  No
- Hepatitis  Yes  No
- High Cholesterol  Yes  No
- High Blood Pressure  Yes  No
- HIV/Aids  Yes  No
- Lupus  Yes  No
- Migraine Headaches  Yes  No
- Muscle/Joint Pain  Yes  No
- Poor Color Vision  Yes  No
- Pregnant  Yes  No
- Retinal Disease/Detachment  Yes  No
- Rheumatoid Arthritis  Yes  No
- Rosacea  Yes  No
- Sjögrens Syndrome  Yes  No
- Skin Conditions  Yes  No
- Thyroid Condition  Yes  No
- Turned Eye  Yes  No
- Use Illegal Drugs  Yes  No
- Use Tobacco  Yes  No
- Other \_\_\_\_\_

Are you taking any medications?  Yes  No  
Please List Meds: \_\_\_\_\_

Do you have any allergies to medications?  Yes  No  
Please List Meds: \_\_\_\_\_

## Functional History

(check those you have)

- Letters Blur As You Read  Yes  No
- Get Sleepy With Near Centered Tasks  Yes  No
- Lose Your Place Often When Reading  Yes  No
- Pulling Sensation When Reading  Yes  No
- Eyestrain With Computer Use  Yes  No
- Avoid Certain Near Tasks  Yes  No

## Eye Health History

Date of Last Eye Exam \_\_\_\_\_

Name of Doctor \_\_\_\_\_

Do you wear glasses?  Yes  No  
 All the time  Occasionally  TV  
 Reading  Driving

Do you wear contacts?  Yes  No  
Type \_\_\_\_\_ Hours/Day \_\_\_\_\_

Describe any problems you have with your contacts:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you had any serious eye disease, eye injury,  
or eye surgery?  Yes  No

If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Family Health History

(check those someone in your family has had)

- Allergies  Yes  No
- Asthma  Yes  No
- Blindness  Yes  No
- Cancer  Yes  No
- Cataracts  Yes  No
- Detachment  Yes  No
- Diabetes  Yes  No
- Glaucoma  Yes  No
- Heart Disease  Yes  No
- High Blood Pressure  Yes  No
- Keratoconus  Yes  No
- Lazy Eye  Yes  No
- Macular Degeneration  Yes  No
- Migraine Headaches  Yes  No
- Poor Color Vision  Yes  No
- Retinal Disease  Yes  No
- Sjögrens Syndrome  Yes  No
- Thyroid Condition  Yes  No
- Turned Eye  Yes  No
- Other \_\_\_\_\_

## Contact Lens History

How often do you wear your lenses? \_\_\_\_\_

How often do you replace your lenses? \_\_\_\_\_

How often do you wear your lenses overnight? \_\_\_\_\_

What solutions do you use? \_\_\_\_\_  
\_\_\_\_\_

Is there anything you would like to see  
improved with your contact lenses? \_\_\_\_\_

## Patient's Eye Health & Visual - Symptoms

Do you think your eyes look healthy?  Yes  No  
If No, please explain \_\_\_\_\_

Do your eyes feel healthy?  Yes  No  
If No, please explain \_\_\_\_\_

Are there times when your vision is  
not as clear as you want it to be?  Yes  No  
If Yes, please explain \_\_\_\_\_

Do your eyes ever feel dry or uncomfortable?  Yes  No  
If Yes, please explain? \_\_\_\_\_

Are you bothered by changes in your vision  
throughout the day?  Yes  No  
If Yes, please explain? \_\_\_\_\_

Are you ever bothered by red eyes?  Yes  No  
If Yes, please explain? \_\_\_\_\_

Do you ever use or feel the need to use drops?  Yes  No  
If Yes, please explain? \_\_\_\_\_

Do you currently take any of the following medications?  
 Antihistamines  Hormones  
 Antidepressants  Diuretics  Beta Blockers

Do you use artificial tears?  Yes  No  
If Yes, how long does the relief last? \_\_\_\_\_

Typically, how many artificial tear drops do you use per day?  
 2  3  4 or more

Are you interested in Laser Vision Correction?  Yes  No

Would you like to hear about CRT, a safe  
non-surgical alternative to LASIK?  Yes  No

If you do not wear contact lenses, would you be  
interested in learning about the new, more  
convenient lenses now available?  Yes  No

## Informed Consent for Dilated Exam

It is recommended that your pupils be dilated every 2 years or more often if necessary to rule out eye disease that may cause loss of sight or worse. Your pupils will be dilated for 2 to 4 hours, and your vision will be temporarily blurry, especially for near activities. Your eyes will be sensitive to sunlight, possibly making driving home and other activities somewhat difficult. If necessary, your dilation can be scheduled for a more convenient time.

**Please check one and initial:**

- I agree to be dilated today. \_\_\_\_\_
- I do not agree to be dilated but will schedule for another time. \_\_\_\_\_
- I refuse to have my eyes dilated because \_\_\_\_\_